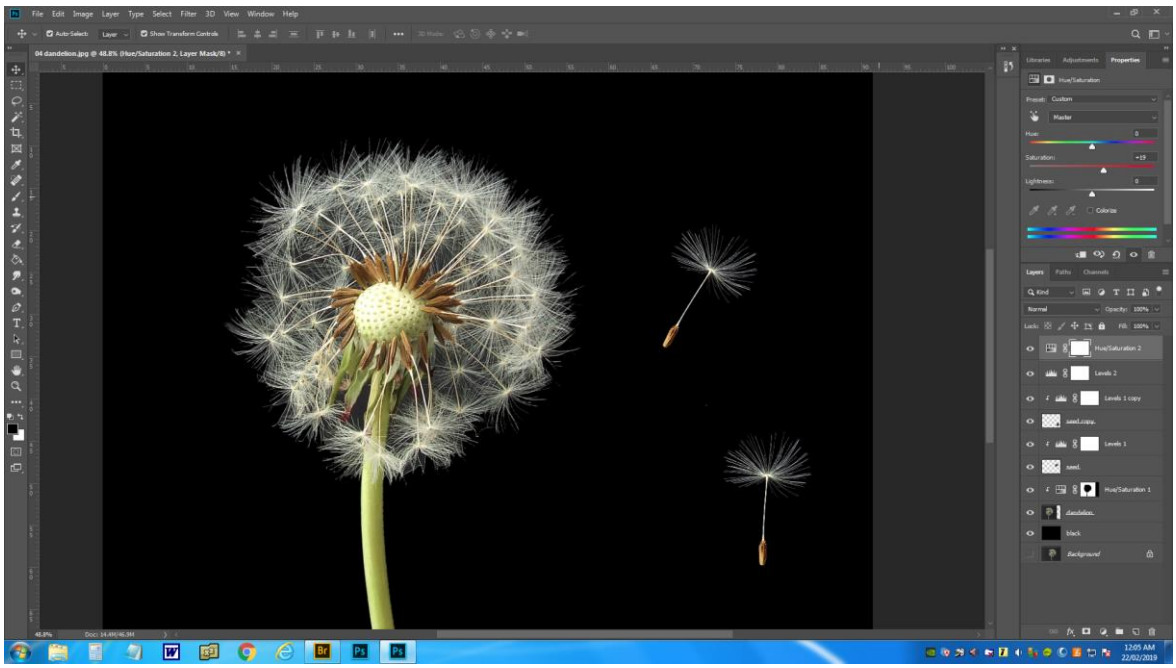
Photoshop Tutorial - 'Dandelion Clock'

We start with 2 photo : dandelion.jpg
seed.jpg

Start
Open the photo 'dandelion.jpg'.
Make a copy of the 'background' layer by pressing 'Ctrl+j'.
Turn the bottom 'background' layer off by clicking it's 'eye' icon.

Dandelion
Select the 'dandelion' layer.
Select the 'magic wand tool' from the left side toolbar - make sure 'contiguous' is ticked on the top toolbar and click on the black background to select it.
Click the 'Create new fill or adjustment layer' icon at the bottom of the 'layers window' and select 'hue/saturation'.
Attach this to the layer by 'Alt+clicking' between them.
Adjust 'lightness' to -100.
Select the two top layers by 'Ctrl+clicking' each of them.
Select the 'move' tool and reposition the dandelion over to the left.
Click the 'Create new layer' icon at the bottom of the 'layers window' and position it just below the 'dandelion' layer.
Use the 'bucket fill' tool on the left toolbar to fill this layer with black.

Seed
Open the photo 'seed.jpg'.
Select the 'lasso' tool from the left side toolbar and select the seed.
Place it on it's own layer by pressing 'Ctrl+j' - import this layer into the main document.
Resize the seed to be the same size as the seeds on the dandelion then reposition it to look like it's just been blown off the dandelion.
Click the 'Create new fill or adjustment layer' icon at the bottom of the 'layers window' and select 'levels'.
Attach this to the layer by 'Alt+clicking' between them.
Move the 'black' pointer to right until it blends the backgrounds together.
Select the two top layers by 'Ctrl+clicking' each of them - then drag then down to the 'create new layer' icon at the bottom of the layers window.
Select the 'move' tool and reposition the second seed below the first seed and swing it around a bit more.

Finishing
Select the top layer in the 'layers window'.
Click the 'Create new fill or adjustment layer' icon at the bottom of the Layers Window and select 'levels' - move the 'black' pointer to about 6 and the white pointer to about 220.
Click the 'Create new fill or adjustment layer' icon at the bottom of the Layers Window and select 'hue/saturation' - move the 'saturation' slider to about +20.